

# The Vernon Medical Centre

## OTHER PHLEBOTOMY CLINICS ARE AVAILABLE AT

- Royal Derby Hospital from 7.30am to 4.30pm Monday to Friday
- London Road Community Hospital from 7.30am to 4.30pm Monday to Friday
- Babington Hospital from 8.00am to 12.30pm Monday to Friday
- St Oswald's Hospital from 8.30am to 12.30pm Tuesday and Thursday
- Old Heanor Fire Station from 7.30am to 12.30pm Monday to Friday
- Coleman Health Centre from 8.00am to 1.15pm Monday to Friday

These should be booked online via <https://www.swiftqueue.co.uk/uahdb.php>  
Select the location and time of your preferred appointment.

More information is available via <https://www.uahdb.nhs.uk/service-phlebotomy-blood-tests>

**Please only use the walk-in service if they do not have access to the internet or transport issues.**

Walk in **phlebotomy** clinic with no appointment needed is available at the Urgent Care Clinic as follows:

- Children's clinics held on Monday 1pm to 7pm
- Children's clinic held on Tuesday 8am to 10.30am.
- Adult clinics held from 4-6pm Wednesday to Friday
- Adult clinic held from 8am-12.30pm Saturday and Sunday

## BLOOD TESTS

**We only have a limited availability of appointments for blood tests here at the surgery. Please see overleaf for local clinics where they can be done, often with no appointment necessary.**

The doctor or nurse has advised you to have a blood test. If this is a **FASTING BLOOD TEST** (usually a fasting glucose, glucose tolerance tests or cholesterol test), **they will have told you.**

## PROCEDURE FOR FASTING BLOOD TEST

You should have nothing to eat or drink, (other than plain/unflavoured water) for at least 12 hours before the test (this includes chewing gum & sucking sweets).

If you are on regular medication, which you can put off taking before your test, then please do so. However, if this is not possible, please advise the person taking the blood test of the medication so that it can be recorded on the form.

Generally non fasting bloods do not need any specific instructions, unless the doctor or nurse tells you otherwise.

## BLOOD TEST RESULTS

If you have signed up for our SMS text messaging service, the doctor may send a message with your results. If you haven't yet signed up for SMS and the doctor wishes to arrange an appointment, the reception team will contact you.

If you would like to discuss your results and have not heard anything, please contact reception.