



# DERBYSHIRE CARERS ASSOCIATION



**Are you a Carer or concerned about a Carer during the Covid-19 crisis?**

Derbyshire Carers Association support Carers who look after a friend or family member who, due to illness, disability, mental health problems or an addiction cannot cope without their help or support. We are commissioned by Derbyshire County Council to be the lead provider of Carer Services across Derbyshire.

To help us to better support our most vulnerable Carers during these difficult times Derbyshire Carers Association are offering a new supportive service to connect Carers to vital support services within their community.

We can contact carers to help them with a wide range of issues as we have 30 years of experience of working with carers

## Types of help

- Help /advice to source practical help
- We have direct links with Social care
- Advice and links where to get legal and financial help
- Practical advice
- Help to make an emergency plan
- Links to befriending support, and peer support to help with wellbeing and resilience
- Specialist advice for conditions and links to other specialist services e.g. those with Dementia or Parkinson's disease and mental health

Specific help and support for Young Carers – which includes social, practical and emotional support for them and their families.

**We are accepting referrals for Adult and Young Carers. To make a referral please email [derbyshire.carers@nhs.net](mailto:derbyshire.carers@nhs.net) or phone 01773 833 833**